



BROOKE O'SHEA

EXECUTIVE COACH



“Be intentional about the impact and the legacy you want to create as a leader. By aligning your intentions with your actions, you will realize true fulfillment and success.”



Brooke is driven by a true passion to help leaders and teams cultivate their capabilities and unique strengths in order to lead with intention and realize professional and personal growth. With integrity, experience and a genuine desire to help people and organizations realize their full potential, Brooke has successfully collaborated with over 150 clients representing a variety of industries and cultures through the process of inspired, insight driven strategic change.

Brooke's unique approach to executive coaching has evolved through her 24 years of real-world corporate experience and is complimented by a formal education in organization development and completion of an extensive yearlong coaching certification program. Prior to starting her coaching practice, Brooke worked directly with the CFO of Sabre Holdings, a Fortune 500 international travel commerce and technology company, as an organizational consultant. There she led a variety of leadership and talent development initiatives including senior executive leadership and career coaching, team facilitation and team building programs as well as employee engagement and strategic change management consulting.

Before her 10-year tenure at Sabre, Brooke worked as the Assistant Director of Recruiting for the Dallas and Fort Worth offices of Arthur Andersen. In this role Brooke led the organization's recruiting department and was responsible for the strategy, processes and technology necessary to effectively manage employee recruitment, including senior level executive recruiting and hiring. Brooke began her career as a financial auditor and worked for clients representing the real estate, insurance, government, venture capital and non-profit industry segments.

Brooke uses these experiences to support leaders achieve lasting measurable changes in the way they cultivate, influence and lead their organizations.

To learn more about Brooke:
<http://www.brookeoshea.com>

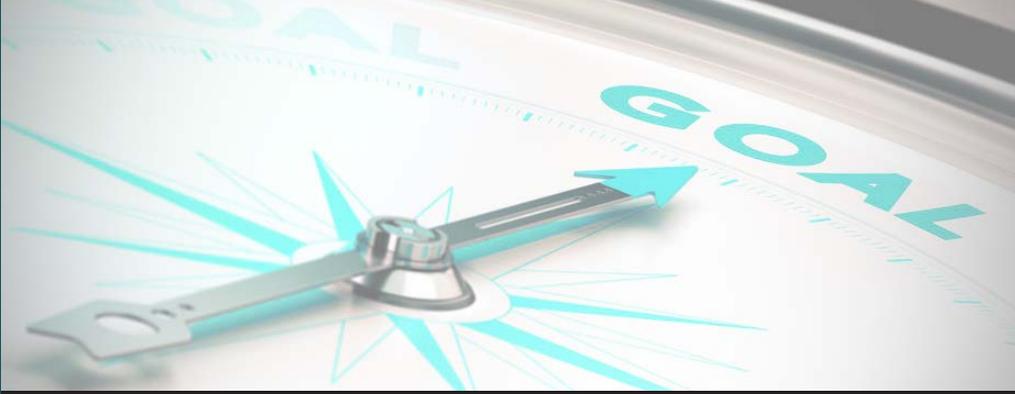
Brooke's Sample Client List

Alcon Laboratories
Allegheny Health Network
Alliance Data Systems
American Airlines
Apple
Baxter Regional Medical Center
Bell Helicopter
BNSF Railway
British Petroleum
Capital One-Auto Finance
Catholic Charities
Comerica
Commercial Bank
FDIC
Fort Worth Police Dept
Frito Lay
Gamestop
JP Morgan Chase
KPMG
La Quinta
Lena Pope
Lockhead Martin
Match.com
Methodist Health System
Money Gram
North Lake College
Opargo
Overhead Door
Pfizer
Radio Shack
Regus
Sabre
TCU
Torchmark
Travelocity
Williamson-Dickie
Willis Towers Watson



If you are interested in engaging Brooke O'Shea an executive coach, consultant or speaker, please contact her at:

**brooke@brookeoshea.com
817-994-0264**



Brooke's Coaching Process

Individual leadership coaching is an ongoing experience that can last from six months to beyond one year resulting in lasting leadership transformation. Each coaching engagement is customized based on the leader and organization's needs, but most include the following 3-step process:

- Conduct a comprehensive evaluation of the leader's leadership style, strengths and development areas. Evaluations often include an electronic or in person 360° assessment, personality assessments, and review of any performance reviews or additional company assessments
- Develop a personalized executive coaching plan that outlines goals and steps for implementation
- Establish clear performance measures and touch points to assess progress and success

Brooke's Education and Certifications

- IPEC Certified Coach
- Heart Math Certified Coach
- Certified in Voices 360 Instrument
- Certified in Myers Briggs (MBTI) Instrument
- Certified in Firo-B Instrument
- Member of International Coaching Federation (ICF)
- Member of Society for Human Resource Management (SHRM)
- Masters Certification, Organizational Development, University of Dallas
- BBA and MPA, Accounting, University of Texas at Austin
- Certified Public Accountant